## **Personal Packing List**

## Weekend Hiking Trips- SPRING – FALL:

- □ Daypack
- □ Sturdy Hiking Boots\*
- □ Three-season sleeping bag
- □ Sleeping pad
- $\Box$  2 pairs of pants +
- $\square \quad 2 \text{ long sleeve shirts } +$
- $\square$  2 pairs of underwear +
- □ 2 pair of appropriate socks (either wool & liners or synthetic)
- □ Fleece or light jacket
- Personal First Aid Kit
- Pocketknife
- □ Matches
- **□** Flashlight or headlamp with extra batteries
- □ Hat
- □ Rain gear
- □ Water Bottle
- Toilet Paper
- □ Insect repellent
- Grooming Kit
- □ Towel
- □ Compass
- □ Whistle
- □ Extra stuff sacks, garbage bags, or Zip-loc bags
- □ Nylon Cord
- **D** Trail Mix or energy bars

\* These items are **<u>REQUIRED</u>** on all hiking trips

+ If at all possible, stay away from cotton clothing

Additional items may include; trekking poles or hiking stick, hydration bladder, water filter, playing cards, binoculars, camera, journal, and backpacker's chair. Pack gear into regular pack, and bring along an additional daypack to have during the hike. The troop usually stays at another Scout camp on these trips and hikes for the day, returning in the evening to camp. Additional gear is permitted when necessary.

## The following items are <u>NOT PERMITTED</u> on backpacking trips: Candles, glass containers, and electronic devices.

## **Shared Items:**

- Food
- Stove
- Fuel
- -Cook Kit